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Montessori Sensitive Periods

Movement (birth to one year)	Language (birth to six years)	Small Objects (one to four years)	Order (two to four years) chores
Music (two to six years)	Toileting (18 mos. to 3 yrs.) hygiene	Grace & Courtesy (two to six years) Character	Senses (two to six years) touch, smell, taste, hear & see
Writing (three to four yrs.)	Reading (three to five yrs.)	Spatial (four to six yrs.)	Math (four to six yrs.)

Weekly Preschool Plan, wk of: ___/___/

Learning Area	Monday	Tuesday	Wednesday	Thursday	Friday
Movement					
Language					
Small Obj.					
Character					
Senses					
Writing					
Order					
Music					
Reading					
Spatial					
Math					

- Plan for two to three learning areas per day, you can plan ahead or mark as you go
- Toileting (hygiene) is a daily activity and will not be in one of our activity drawers

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Senses	Writing	Small Objects
Music	Spatial	Movement
Order	Reading	Language
Math		Character

Movement

Gross motor skills: dancing, climbing, crawling, jumping, swinging, sliding, throwing a ball, grasping, catching, running, etc.

Language

Reading aloud to your child; talking, singing, poetry, stories, books, and any spoken language.

Small Objects

Fine motor skills.
Stacking, sorting,
organizing, putting
into and taking out
of containers,
anything < 2" square.

Order

Chores. Helping your child develop an appreciation for organization. Also called "practical" application.

Music

Singing, listening to and or playing music. Making a joyful noise. Worship.

Toileting

Pottytraining, hygiene, washing hands and brushing teeth

Character

manners, honesty, integrity, sharing, responsibility, courtesy, etc.

Senses

Smell, touch, taste, see and hear.
Perfect for activities in the kitchen.

Writing

Tracing, touching or holding a writing or coloring utensil - marker, pencil, crayon, and pen to create letters.

Reading

Letter and word recognition. Learning phonetic sounds and sight words.

Spatial

Shapes and puzzles.
Deductive reasoning
- science
experiments,
hypothesis testing.

Math

Patterns, shapes, learning numbers, counting, adding, subtracting and later – division and multiplication.

Weekly Preschool Plan, wk of: _2/11/13_

Area	Monday	Tuesday	Wednesday	Thursday	Friday
Character	bible study:	responsibility	Gen. 6-9	Ruth	read daily
Language	letter "R":	study all week	read daily		
Movement	ring-around the rosey				dance
Small Obj.		raisins/rice	red things		
Senses		red-velvet cake	reindeer	rabbit	ring pop
Writing	markers	trace rhino	crayons	trace "R"	
Order	make bed			clean-up	
Music			play music		play music
Reading		reptiles		reptiles	
Spatial	rocket				
Math			rectangle		

• This week we're on the letter "R" which we will review along with our bible stories daily

- Plan for two to three learning areas per day, you can plan ahead or mark as you go
- Toileting (hygiene) is a daily activity and will be practiced at every opportunity